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U8, U9, U10, U11, U12 * *Development Divisions*

- *Clubs must be in compliance with OSA regulations and the Long Term Development Plan (LTDP)*
- *Clubs must be in good standing with EMSA*
- *Will follow the Development Matrix*
- *Official Head Coach or Official Assistant should be on Bench at all games*
- *All Coaches and Players / Parents must abide by the league's code of conduct*
- *Will strictly adhere to OSA Policy of No Scores, No Standings, No Promotion and No Relegation*

UNDER 8

Maximum Weeks (Indoor and Outdoor) * 20 Festivals

Maximum Teams (Indoor and Outdoor) * Ideally 10 in Tier 1, but no official maximum

Game Day Rosters Maximum (Indoor and Outdoor) * 10

Referee Fees per Game (Indoor and Outdoor) * \$25 Home Team

Game Duration * 40 Minutes

Format * 5v5 with Keeper

Substitutions * Unlimited * On the Fly

Offsides * No

Throw Ins * No - Pass or Dribble In

Retreat Line * Yes - 1/2

Ball * size 3 or 4 (super light)

Head Coach Must Have Successfully Passed a Minimum of The Following

Fundamentals' (FUND), Making Ethical Decisions (MED), Respect in Soccer (RIS)

Assistant Coach Must Have Successfully Passed a Minimum of The Following

Fundamentals' (FUND), Making Ethical Decisions (MED), Respect in Soccer (RIS)

In addition to certification there will be mandatory educational sessions for all Coaches each year.

UNDER 9

Maximum Weeks (Indoor and Outdoor) * 20

Maximum Teams (Indoor and Outdoor) * Ideally 10 in Tier 1, but no official maximum

Game Day Rosters Maximum (Indoor and Outdoor) * 12

Referee Fees per Game (Indoor and Outdoor) * \$25 Home Team

Game Duration * 50 Minutes

Format * 7v7 with Keeper

Substitutions * Unlimited * Any Stoppage

Offsides * No

Throw Ins * No - Pass-in

Retreat Line * Yes - 1/3

Ball * size 4 or 5 (light)

Head Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

Assistant Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

In addition to certification there will be mandatory educational sessions for all Coaches each year.

UNDER 10

Maximum Weeks (Indoor and Outdoor) * 20

Maximum Teams (Indoor and Outdoor) * Ideally 10 in Tier 1, but no official maximum

Game Day Rosters Maximum (Indoor and Outdoor) * 12

Referee Fees per Game (Indoor and Outdoor) * \$25 Home Team

Game Duration * 50 Minutes

Format * 7v7 with Keeper

Substitutions * Unlimited * Any Stoppage

Offsides * No

Throw Ins * No - Pass-in

Retreat Line * Yes - 1/3

Ball * size 4 or 5 (light)

Head Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

Assistant Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

In addition to certification there will be mandatory educational sessions for all Coaches each year.

UNDER 11

Maximum Weeks (Indoor and Outdoor) * 20

Maximum Teams (Indoor and Outdoor) * Ideally 10 in Tier 1, but no official maximum

Game Day Rosters Maximum (Indoor and Outdoor) * 16

Referee Fees per Game (Indoor and Outdoor) * \$30 Home Team

Game Duration * 70 Minutes

Format * 9v9 with Keeper

Substitutions * Unlimited * Any Stoppage

Offsides * Yes

Throw Ins * Yes

Retreat Line * Yes - 1/3

Ball * size 4 or 5 (light)

Head Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

Assistant Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

In addition to certification there will be mandatory educational sessions for all Coaches each year.

UNDER 12

Maximum Weeks (Indoor and Outdoor) * 20

Maximum Teams (Indoor and Outdoor) * Ideally 10 in Tier 1, but no official maximum

Game Day Rosters Maximum (Indoor and Outdoor) * 16

Referee Fees per Game (Indoor and Outdoor) * \$30 Home Team

Game Duration * 70 Minutes

Format * 9v9 with Keeper

Substitutions * Unlimited * Any Stoppage

Offsides *Yes

Throw Ins * Yes

Retreat Line * Yes - 1/3

Ball * size 4 or 5 (light)

Head Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

Assistant Coach Must Have Successfully Passed a Minimum of The Following

Learn To Train (LTT), Making Ethical Decisions (MED), Respect in Soccer (RIS)

In addition to certification there will be mandatory educational sessions for all Coaches each year.

Code of Conduct

The EMSA District Soccer League will provide a League that will strive to focus on individual development.

Coaches

Must be respectful to players the referee and opponents

Always refrain from using foul or abusive language

Keep players and spectators under control

Players

Be respectful of your teammates, coaches the referee and your opponents

Always refrain from using foul or abusive language

Spectators and Parents

Be respectful of the referee and the teams on and off the field

Always refrain from using foul or abusive language

Always keep comments positive and refrain from coaching from the sidelines

Smoking is not allowed at any game

If you choose to ignore League Policies or the Code of Ethics you could be asked to leave

League Standards

In order to be considered for Membership in the EMSA District Soccer League, clubs must meet the following criteria

- Must be a member in good standing with the Elgin Middlesex Soccer Association (EMSA)
- Ensure that ALL players within their Club are Registered with EMSA
- Must have a Club Head Coach, Club Technical Director or Technical Committee
- All Coaches must have the proper certification as outlined per Age Division
- Staff Screening Policy, including mandatory police checks for all team officials
- Teams must adhere to a minimum of a 2:1 Practice to Playing Ratio
- Must not Post EMSA District Soccer League Scores or Standings for U12 and under
- Must be fully compliant with Long Term Player Development